

Care Redesign Spine Health Project:

Provider Informational Module “Tip Sheet”



Duke Integrated Pain and Wellness

Overview

Duke Integrated Pain and Wellness is a program designed to help patients achieve relief from symptoms of pain and discomfort through personalized care plans developed by our team in cooperation with their referring provider. Our primary goal is to ensure all patients have access to the best and most comprehensive treatment options for their needs, yielding the best possible outcome for their wellness goals.

How Can We Help

Patients are thoroughly evaluated during their first visit with the Integrated Pain and Wellness team to develop the building blocks for a patient’s individualized treatment plan, which may combine some or all the following modalities:

- Medications and procedures
- Muscle relaxation techniques
- Directed breathing exercises
- Stress management and pain coping skills

Duke Integrated Pain and Wellness will care for patients’ pain while partnering and working alongside specialty and primary care providers to give each patient personalized and thorough care. The team will relay feedback to the referring provider based on the initial appointment and partner to coordinate treatment options to promote an integrated care delivery approach.

What is the Cost?

- All Insurance Providers are accepted by Duke Integrated Pain and Wellness. The cost of care and services at Duke Integrated Pain and Wellness is variable and dependent on the patient’s benefit plan structure.
- Cost and coverage estimates are offered to patients by the Duke Integrated Pain and Wellness team. Estimates, as available prior to the appointment, are provided by the Financial Care Counselor Office.
- Questions regarding a patient’s financial responsibility can be addressed by contacting the Financial Care Counselor Office



Refer a Patient

- A referral can be completed by ordering the “*AMB Referral to Integrated Pain Program*” in MaestroCare/Duke MedLink or by calling **919-668-7400**.
- The Duke Integrated Pain and Wellness team will manage and complete the Referral Process. The team will connect with the patient and schedule their appointment.

Please send questions or concerns to SpineHealth-Info@duke.edu.