



Overview:

The Duke Sleep Surgery Program strives to be a global leader in surgical management of sleep disorders.

Led by a fellowship-trained sleep surgeon, our multidisciplinary team has performed over 500 Inspire implants. We offer advanced, patient-centered care through integrated collaboration with sleep medicine, bariatric surgery, weight management, oral and maxillofacial surgery, and dental sleep specialists.

Our approach emphasizes cutting-edge therapies, precise patient selection, and shared decision-making to align treatment with individual health goals—ensuring optimal outcomes through comprehensive evaluation and coordinated expertise.

Services:

We offer surgical evaluation for sleep apnea and snoring, including in-office procedures. Our surgeons perform drug-induced sleep endoscopies (DISE) to guide personalized treatment planning, addressing anatomical concerns from nose to throat through minimally invasive and collaborative approaches tailored to each patient.

Sleep studies are recommended ahead of referral.

Surgery is generally a second line treatment option after trying and failing first line options like CPAP/oral appliance. Please note CPAP is not prescribed or managed by our team.

Virtual Screening Clinic available

Surgical: Snoring evaluation, sleep apnea evaluation, Drug-induced Sleep Endoscopy (DISE)

In Office Snoring Procedures:

- Radiofrequency procedures of the palate and tongue
- Palatoplasty
- Uvula trimming procedures
- Turbinate reduction and nasal valve procedures for nasal obstruction

Other Surgical Procedures:

- Nasal surgeries, such as septoplasty and turbinate reduction, performed for nasal obstruction and may also improve CPAP tolerance
- Palatal surgeries, such as tonsillectomy, modified-uvulopalatopharyngoplasty
- Tongue procedures, including hypoglossal nerve stimulation (Inspire therapy), and radiofrequency ablation, to address tongue-related obstruction
- Epiglottis procedures, including hyoid suspension and epiglottic stiffening

Refer to Duke:

Call: **919-684-3834** or

Fax: **919-684-8583**

Locations:

Duke Otolaryngology South Durham

234 Crooked Creek Pkwy

Durham, NC 27713

Duke Otolaryngology and Oral Surgery Clinic - Clinic 1F

40 Duke Medicine Cir

Durham, NC 27710

Duke Otolaryngology of Raleigh

3480 Wake Forest Rd

Raleigh, NC 27609

Providers:

