



Duke Hip Preservation Program

One of the few hip
preservation programs
in the U.S.



High-volume program for hip care, including
complex cases, revisions, and second opinions



Specialized surgeons
with both adult and
pediatric training

Overview

We offer comprehensive evaluation and care to your patients with hip issues, and offer options to preserve or restore mobility for patients of all ages.

Our experienced team offers the full spectrum of care for non-arthritic hip conditions including, but not limited to:

- Avascular necrosis (AVN) / osteonecrosis
- Bursitis
- Cam impingement
- Complex hip deformities
- Developmental dysplasia of the hip
- Femoroacetabular impingement (FAI)
- Labral tear of the hip
- Hip dysplasia
- Hip fracture
- Hip impingement
- Perthes disease / Legg-Calve-Perthes
- Slipped capital femoral epiphysis (SCFE) deformity
- Tendon disorders, including gluteal tendinopathy and hamstring tears

Why Refer to Duke

You can refer your adult and pediatric patients when they may benefit from our care.

We offer:

- Pioneering treatments and surgical options, including periacetabular osteotomy (PAO) to reposition the hip socket to treat early-stage hip dysplasia
- Specialized surgical options for avascular necrosis including core decompression with free vascularized fibular grafting (FVFG) and core decompression with subchondral graft
- Minimally invasive options, including hip arthroscopy to repair labral tears from hip dysplasia or hip impingement
- Novel surgical options, including surgical dislocation for more complex hip deformities
- Nonsurgical treatment options, including injections and therapies to strengthen the hip

Earlier Interventions Benefit Patients

If a hip disorder is not diagnosed, or left untreated, it can lead to hip disease and degeneration of the hip. Duke offers advanced treatment options to restore function, and therefore reduce pain, improve quality of life, and sometimes delay the need for hip replacement surgery for patients.



DukeHealth

To refer a patient, log in to
Duke MedLink or call **919-613-7797**.