

Duke Adolescent and Young Adult Medicine



Overview

Adolescents and young adults ages 12 to 25 face unique physical, mental, and behavioral health challenges that can have lasting effects on their well-being. The Duke Adolescent and Young Adult Medicine Program provides developmentally focused care, collaborating closely with primary care providers to address these concerns.

Our specialists ensure a comprehensive approach to adolescent and young adult health. We provide consultative care focused on developmental and contextual factors while leveraging Duke's vast network of endocrinologists, gynecologists, psychiatrists, and more.

Clinical Issues

Sexual and Reproductive Health

- Menstrual disorders including abnormal uterine bleeding, amenorrhea, PCOS, dysmenorrhea, and menstrual suppression in IDD
- Contraceptive services including Nexplanon insertion and removal
- Sexually transmitted infections, including HIV PreP

Intersection of Physical and Mental Health

- Medical oversight of eating disorders, including anorexia nervosa, ARFID, and bulimia nervosa
- Diagnosis and medical management of depression, anxiety, ADHD
- Support for behavioral health concerns; including sleep issues, school issues, and early substance experimentation and misuse
- Support for treatment adherence during transition to adulthood with chronic illness



Prompt, Flexible Access
Face-to-face, video, and expedited options available within one week.



How to Refer

To refer a patient or request a consultation, login to Duke MedLink or call 800-633-3853.

Scan QR code to see our providers:

