



Duke Hand and Upper Extremity Program

High-volume program for the full spectrum of hand and upper extremity issues



Fast appointment access, including a doctor on call 24 hours a day, 365 days a year for urgent concerns



Second opinions available, including complex cases and revisions

What We Treat

Our experienced team works with you to diagnose and manage care for your patients, including surgery when necessary. We offer the full spectrum of care for hand, wrist, elbow, and other upper extremity conditions including, but not limited to:

- Arthritis of the upper extremity: shoulder, elbow, wrist, and hand
- Avascular necrosis
- Bursitis
- Carpal and cubital tunnel syndrome
- Congenital hand conditions, including polydactyly and syndactyly
- Dupuytren contractures
- Epicondylitis, including lateral and medial
- Fractures of the upper extremity: arm, elbow, scaphoid, distal radius, and phalanges, including acute and post-traumatic reconstruction
- Ligamentous injuries
- Masses and cysts of the upper extremity
- Nerve injuries and compression: brachial plexus and peripheral nerve injuries
- Osteoarthritis of the hand, wrist, and elbow
- Tendinopathy and Tendonitis

Why Refer to Duke

You can refer your patients when they may benefit from our services, which include:

- Pioneering treatments and surgical options, including complex revision surgery to repair damaged or deformed bones, nerves, tendons, and tissues in the hand and upper extremities
- Restoration of function to injured muscles and nerves through tendon and/or nerve transfers and grafts
- Novel surgical options, including 3D printing and customized implants to enhance surgical precision
- Joint replacement and complex reconstructive procedures for the hand, wrist, and elbow
- Minimally invasive options, including carpal tunnel and cubital tunnel releases, percutaneous fixation, and arthroscopy for accurate diagnosis and treatment
- Nonsurgical options, including drainage, injections, therapies, and access to splints, cast, and bracing

To refer a patient, log in to Duke MedLink or call 919-613-7797.



DukeHealth