

## Duke Foot & Ankle Program

High-volume program for the full spectrum of foot and ankle issues



Fast appointment access, including a doctor on call 24 hours a day, 365 days a year for urgent concerns



Second opinions available, including complex cases and revisions

## What We Treat

Our experienced team works with you to diagnose and manage care for your patients, including surgery when necessary, for conditions including, but not limited to:

- Achilles tendon pathology (acute and chronic), including ruptures and tendonitis
- Ankle sprains and instablity
- Arthritis of the foot and ankle
- Bunions and bunionettes / hallux valgus
- Charcot foot and ankle deformities and limb salvage
- Deformity and degenerative conditions, including hammertoe and claw toe
- Drop foot and neurologic deformities
- Flatfoot / Progressive Collapsing Foot Deformity (PCFD)
- Fracture care of the foot and ankle (major and minor)
- Heel spurs
- High arches
- Morton's neuroma
- Osteochondral lesions of the ankle (cartilage lesions)
- Plantar fasciitis
- Sports related injuries and conditions of the foot and ankle
- Stress fractures

## Why Refer to Duke

We offer comprehensive evaluation, diagnosis, and treatment for your patients with foot and ankle conditions and injuries. You can refer your adult and pediatric patients when they may benefit from our services, which include:

- Treatments for full spectrum of foot and ankle conditions, from acute injury to advanced surgery
- Rapid access appointments for acute injuries to facilitate expedited non-operative or surgical intervention, when required
- Primary and revision total ankle replacement care at a national center of excellence / tertiary referral team
- Novel surgical options, including 3D printing for custom implants when required, ankle replacement, and flatfoot reconstruction
- Weight-bearing cone-beam CT scans to create 3D images to improve diagnosis while decreasing exposure to radiation. Duke is one of the few centers in NC to offer the technology.
- Minimally invasive foot and ankle surgery, including arthroscopic procedures, bunionectomies, ankle ligaments, joint fusion, and hammertoe repair
- Nonsurgical and surgical treatment options, including access to braces or orthotics
- Second opinion and complex revision surgery options
- Sports-related injuries treated by renowned experts

**Duke** Orthopaedics

To refer a patient, log in to Duke MedLink or call 919-613-7797.