



## Overview

Duke's chiropractic program works with patients to manage musculoskeletal pain, tingling, numbness, or immobility with effective, noninvasive treatments.

Our comprehensive diagnostic process seeks to identify the cause of symptoms. Our exams detail symptom history, and then pinpoint positions and motions that cause or relieve pain. Convenient on-site imaging and reads are also available.

## Why Choose Duke

### Fast, Convenient Care

Self-schedule online with no referral needed. Care is available at multiple locations in the Triangle, including next-day appointments at some clinic sites.

### Coverage for Chiropractic Services

Care is covered by nearly all managed care, commercial insurance, Medicare, Medicaid, worker's compensation, and liability payors.

### Chiropractic Expertise

We offer a wide breadth of expertise, from traditional chiropractic treatments to cutting-edge therapies, each in-line with current clinical best practice guidelines and supported by a framework of scientific evidence.

### Access to Comprehensive Care

For patients who require further specialty treatment, Duke chiropractors are trained and positioned to coordinate care with Duke Spine providers in physiatry, physical therapy, and orthopaedic- and neuro-spine surgery.

## Treatments

Patients have access to a variety of treatment options depending on clinical condition.

Treatment options include but are not limited to:

- Spinal mobilization
- Myofascial release therapy
- Use of passive modalities / therapies
- Mechanical diagnosis and treatment
- Exercise guidance and home care suggestions

## Chiropractors

Justin Goehl, DC, MS  
Anthony Hamm, DC, MS  
Benjamin Holmes, DC, PhD  
Eugene A. Lewis, DC, MPH

To refer a patient, log in to [Duke MedLink](#) or call 919-613-7797.

## Our Locations

### Duke Orthopaedics Arrington

5601 Arrington Park Dr  
Suite 300  
Morrisville, NC 27560

### Duke Orthopaedics of Apex

1545 Orchard Villas Ave  
Suite 100  
Apex, NC 27502

### Duke Orthopaedics Heritage

3000 Rogers Rd  
Suite 330  
Wake Forest, NC 27587

### Duke Orthopaedics of Knightdale

162 Legacy Oaks Dr  
Knightdale, NC 27545

